

II. London, 3rd Breaking Convention, July 7th - July 12th, 2015

Lucia N°03 the Breaking Convention, University of Greenwich, http://2015.breakingconvention.co.uk/

The third participation of the Lucia N°03 at the BC can be described as particularly successful:

- 1) The presentation of the study regarding the neuro-connectivity by Dr. David Schwartzmann by his team member Ashley Ward, (Sackler Centre for Consciousness Science, University of Sussex, Brighton, UK) was able to unequivocally confirm that Lucia N°03 is effective to bring about a dissociative state of consciousness, which creates the base for a mystical or transpersonal experience and insight.
- 2) Moreover, several scientists presented their works to prove the amazing effectiveness of psychedelic state of consciousness in cases of hard to treat or even untreatable disorders or symptoms (depression, phobia, post-traumatic stress disorder etc.).
 - Since psychedelic drugs are legally restricted and are tied to major risks, Lucia N°03 represents a legal and highly effective and controllable (hence individual customized) possibility for therapeutic research. This is regarded the same way by other scientists, therefore enabling an appropriate network (Dr. Proeckl).
- 3) During the conference, scientific studies were presented regarding the DMT-synthesis in the lungs, that offered a basic understanding of the breathing technic called "heliotropic breathing", developed by Dr. Winkler and Dr. Proeckl, which give access to a deep psychedelic consciousness: <>

The healing potential of the psychedelic experience unfolds, when one experiences oneself as

a mere being, unreachable by disease or death.